



THCA

TENNESSEE HEALTH
CARE ASSOCIATION

EDUCATION SEMINARS

THE BREAKING POINT: FINALLY TAKING CONTROL OF YOUR STRESS AND CHAOS

LIVE WEBINAR

WHEN

DECEMBER 15, 2020
1 - 3pm Central/2 - 4pm Eastern

WHAT'S IT ALL ABOUT?

There is no doubt, this is the most stressful time in our professional lives. And you work in the epicenter of it all! It is more important than ever for you to carve out a place of calm and peace to maintain your sanity and health. Learning simple tricks can make your life and job less taxing and more rewarding. I would love to help you find that place of calm, so that you can teach your team how to get there too! Join me for a stress-busting and soul-inspiring journey. You deserve it!



SEMINAR AGENDA

Learning Objectives

- Understand burnout and the real threat it poses to you and your organization.
- Learn tips and resources to help manage your stress and build your resilience.
- Share with your teams how to deal with stress and maximize their resiliency.

SEMINAR FACULTY

Speaker Denise Boudreau-Scott is president of Drive, an organization that helps aging services organizations improve the resident and staff experience. She is a former nursing home and assisted living administrator, and a former board member of the Pioneer Network. She earned her BS in gerontology from Scranton University and her MHA from Cornell University.

WHO SHOULD ATTEND?

All Nursing Home and Assisted Living Staff

Speaker fee sponsored by PruittHealth Pharmacy Services



REGISTRATION INFORMATION

DATE & TIME:

TUESDAY, DECEMBER 15, 2020

1 - 3pm Central Time (2 -4pm Eastern Time)

Early fees: \$110 Per member

Non-member rates are double the member rates and must be paid prior to the seminar.

Early registration

deadline/late fees: December 9, 2020

(After this date, add \$20 to the registration fee)

Credit: 2 hours NAB credit offered

To register: Complete the form below, detach and mail with payment to:

THCA
P.O. Box 440548
Nashville, TN, 37244-0548
or fax to (615) 834-2502

CANCELLATIONS AND REFUNDS

THCA reserves the right to cancel any seminar or webinar and will make a full refund to registrants in the event of a cancellation. THCA understands that registrants cannot always attend as planned. If cancellation of a registration is necessary and is received by THCA at least 48 hours before the event, a full refund will be made; less than 48 hours, a 50 percent refund will be made. Those who cancel less than 48 hours prior to the event and have not paid will be invoiced for 50 percent of the fee. All cancellations must be in writing. Cancellations may be faxed to the THCA office at (615) 834-2502. Registrants who do not attend and who do not cancel will be invoiced for the full seminar fee.



Look for the Tennessee Health Care Association/Tennessee Center for Assisted Living on Facebook and YouTube.



REGISTRATION FORM THE BREAKING POINT: FINALLY TAKE CONTROL OF YOUR STRESS AND CHAOS - LIVE WEBINAR

TUESDAY, DECEMBER 15, 2020

Facility _____ Person Completing Form _____

Name _____ Email _____

Name _____ Email _____

Name _____ Email _____

CHOOSE YOUR METHOD OF PAYMENT

VALUE+PLUS EDUCATION check must be received before the seminar.

Check. If check does not accompany registration, payment is due before the webinar.

MasterCard Visa American Express

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16				

Exp. date

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