TENTATIVE EVENT SCHEDULE

All events are at the Music City Center • 201 5th Avenue South • Nashville, Tennessee

WEDNESDAY, JULY 31
8 A.M. - 5:30 P.M.
Registration desk open

9 A.M. - 5 P.M.
Concurrent education sessions

NOON - 1:30 P.M.
TNCAL annual meeting and luncheon

THURSDAY, AUGUST 1
7 A.M. - 5 P.M.
Registration desk open

8 - 10:30 A.M.
Opening Session: James Dean Hicks; Caregiver of the Year recognition; Awards of Excellence

10:30 A.M. - 12:30 P.M.
Trade show open to owners, corporate personnel, administrators and directors of nursing (concurrent education for all other staff)

12:30 - 2 P.M.
THCA House of Delegates annual meeting

12:30 - 2 P.M.
Lunch on own

12:45 - 1:45 P.M.
Annual business meeting and lunch for Activity Coordinators of Tennessee, Dietary Supervisors Association, Directors of Nursing Association and Environmental Supervisors Association (affiliate organization members only)

2 - 5 P.M.
Concurrent education sessions

5 - 6:30 P.M.
Trade show reception for all

FRIDAY, AUGUST 2
8 A.M. - 3 P.M.
Registration desk open

9:30 - 11:30 A.M.
Trade show open to all

11:45 A.M. - 12:30 P.M.
Buffet lunch for attendees

12:45 - 2:30 P.M.
Closing Session: Amy Dee; prize drawings
CONVENTION HIGHLIGHTS

TRADE SHOW

Thursday, August 1
10:30 a.m. - 12:30 p.m. (executive hours)
5 - 6:30 p.m. (reception)

Friday, August 2
9:30 - 11:30 a.m.

Our annual trade show provides Tennessee’s most comprehensive gathering of long-term care vendors from the Volunteer State and beyond. Network with colleagues and vendor prospects, win cash prizes, enjoy a chair massage and much more while getting a look at the industry’s top goods and services. On Thursday evening, everyone is invited for hors d’oeuvres and entertainment as we host a silent auction and Dollars for Scholars raffle to benefit the Tennessee Health Care Education Foundation (THCEF). Don’t miss it!

JAMES DEAN HICKS

Songs from the Heart

Thursday, August 1 • 8 – 10:30 a.m.

James Dean Hicks shares his expertise on creative business strategies and ideas in this terrific presentation that includes Hicks’ thoughts on creativity, collaboration and challenges on the road to success. In addition to performing some of his music, Hicks will share basic principles of excellence that apply to almost every field of business. Hicks has come a long way in his life and career. He began writing at the age of 10 and was opening for major music acts by 13. He has written seven #1 hits and has had more than 200 songs recorded by artists all over the world. He is exceptionally talented and will leave you feeling inspired and invigorated. The session will also feature recognition of the 2019 Awards of Excellence winners and Caregiver of the Year.

TNCAL ANNUAL MEETING AND LUNCHEON

Wednesday, July 31 • Noon – 1:30 p.m.

Tennessee Center for Assisted Living (TNCAL) members are invited to attend TNCAL’s annual business meeting and luncheon. The event will include the election of state officers along with an update from TNCAL Director Angie Hodges. In addition, a variety of education sessions for assisted living staff will be offered throughout the convention.

CLOSING SESSION

KEYNOTE SESSION

AMY DEE

The Science of Sanity: Thriving, Challenge and Change in Today’s Healthcare

Friday, August 2 • 12:45 – 2:30 p.m.

Motivational speaker Amy Dee turns advanced behavioral science into practical “retain your brain” techniques for keeping negative thoughts from creating crazy-toxic emotions and situations at home and at work. From interacting with difficult patients and co-workers to coping with the epidemic overload of paperwork, processes and long hours, she has a talent for using humor to reveal our profound power to stay sane by making small, personal choices each day that wind up changing everything! (1.75 hours NAB, CDM, CDR and NCCAP credit applied for)

AWARDS RECOGNITION

Thursday, August 1
During the Keynote Session
8 - 10:30 a.m.

Beginning this year, THCA’s Awards of Excellence recipients will be recognized at the convention’s biggest gathering, the Keynote Session. Watch as the long-term care profession’s top caregivers, volunteers and programs from throughout the Volunteer State are honored.
THCA has contracted with three hotels near the Music City Center. The rate for each of the hotels is $229 per night plus tax for single and double occupancy. All three properties offer the following: free wifi, restaurant/bar, outdoor pool, fitness center and parking. They are also all smoke-free. The cut-off date for making reservations at the group rate is July 9, but past experience has shown that the room block will fill before that date. Don’t wait to make your reservation!

**WHERE TO STAY**

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**Cambia Nashville Downtown**

118 8th Avenue South
Nashville, TN 37203
One block from the Music City Center
(888) 223-1458
Ask for the Tennessee Health Care Association group rate

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Nashville, TN 37203
One block from the Music City Center
(888) 223-1458
Ask for the Tennessee Health Care Association group rate

**Hilton Garden Inn Nashville Downtown/Convention Center**

305 Korean Veterans Boulevard
Nashville, TN 37201
Two blocks from the Music City Center
(615) 251-3013
Refer to group code TNHA (only king beds are available)

**Hyatt Place Nashville**

301 3rd Avenue South
Nashville, TN 37201
Four blocks from the Music City Center
(800) 993-4751
Refer to group code G-TN79

**EDUCATION SESSIONS**

This is a tentative schedule as of May 3, 2019. Sessions may be added or changed prior to the convention. Check the THCA website for a full list of sessions just prior to the convention.

**WEDNESDAY, JULY 31**

**9 A.M. - NOON**

General Session: Communicating to Influence – Creating Value-Driven Results!

This interactive and humorous 3-hour workshop will address the #1 problem in every organization in the world: lack of communication. With five generations and four major personality types in the workplace, there are bound to be challenges. Professional speaker Carolyn Carver will give you the tools to work effectively with people who communicate differently than you. Carver will also talk about the importance of building relationships in the workplace and how communication style has everything to do with that. Sponsored by HPSI (3 hours NAB, CDM, CDR and NCCAP credit applied for)

Audience: All Nursing Home and Assisted Living Staff

**Noon – 1:30 P.M.**

Lunch on your own

**Noon – 1:30 P.M.**

Tennessee Center for Assisted Living Annual Meeting and Luncheon

(Open to TNCAL members only)

**1:30 – 2:30 P.M.**

Leaving a Legacy of Leadership

General Session speaker Carolyn Carver will discuss how every interaction we have gives us the opportunity to influence others in a positive way, no matter what our level in an organization. Sponsored by PCA Pharmacy (1 hour NAB, CDM, CDR and NCCAP credit applied for)

Audience: All Nursing Home and Assisted Living Staff

**Antimicrobial Stewardship and Infection Control**

This presentation will tackle the ways in which administrators and nurse leaders can implement and strengthen their facilities’ antibiotic stewardship programs through CDC’s core elements of leadership commitment and accountability. The impact of Phase 3 Requirements of Participation will also be discussed. Sponsored by Tennessee Department of Health (1 hour NAB credit applied for)

Audience: Nursing Home Administrators, Directors of Nursing and Nursing Staff

**Music and Memory Tennessee**

In 2019 the Tennessee Arts Commission received a $1M CMP grant to implement a statewide Music & Memory Program along with the Tennessee Department of Health. To learn more about how your facility can participate, what’s included, and how it can benefit your residents, be sure to attend this presentation. Sponsored by Tennessee Arts Commission (1 hour NAB and NCCAP credit applied for)

Audience: Nursing Home Owners, Administrators, Social Services and Activities

**Hot Topics in Compliance for Skilled Nursing Facilities**

SNFs face many compliance challenges today, including monitoring activity under current rules while planning for significant changes under PDPM. This presentation will highlight areas of payment

WHERE to stay

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EDUCATION SESSIONS

QAPI and Medication Management: Leveraging the Resources and Expertise of Your Pharmacy
With the implementation of the Mega Rule related to quality assurance and performance improvement, many facilities have prioritized medication management as an area to focus on. This presentation will highlight how pharmacies can provide data to identify, analyze, and track trends with evidence-based practice to optimize medication management.
Sponsored by Remedei SeniorCare (1 hour NAB credit applied for)
Audience: Nursing Home Administrators, Directors of Nursing and Nursing Staff

The Art and Science of Fall Prevention
This lecture will discuss a facility’s fall prevention system and the importance of interdisciplinary team operations. This session will cover the different causes of falls and how to minimize them to ensure a safe and respectful environment for residents. This session will share what consumers value most in providers and discuss common myths as well as develop a framework to enable consumers to make better decisions – including the decision to become your resident.
Sponsored by Baker, Donelson, Bearman, Caldwell & Berkowitz, PC (1 hour NAB credit applied for)
Audience: Nursing Home Owners, Corporate Staff, Administrators and Marketing/Admissions

The Medicare Modernization Act of 2003 established an MA Coordinated Care Plan that was specifically designed to provide targeted care to individuals with special needs, including residents living in a long term care community. A special needs plan is a Medicare Advantage Plan but with additional requirements and unique benefits. See how this plan helps your residents and your team meet quality measure goals.
Sponsored by American Health Advantage of Tennessee (1 hour NAB credit applied for)
Audience: Nursing Home Owners, Corporate Staff and Administrators

VULNERABLE POPULATIONS

Long term care facilities must provide comfortable, home-like environments for residents as well as a safe and respectful working atmosphere for employees. But, what happens when those worlds collide? How should caregivers address questionable decisions by a seemingly good employee? The speakers will tackle the delicate balance between ensuring resident freedom and preventing a hostile work environment. Sponsored by Baker, Donelson, Bearman, Caldwell & Berkowitz, PC (1 hour NAB, CDM, CDR and NCCAP credit applied for)
Audience: Nursing Home and Assisted Living Administrators, Directors of Nursing, Nursing Staff, MDS Staff, Quality Assurance, Medical Records and Therapy

What is an Institutional Special Needs Plan?
The Medicare Modernization Act of 2003 established an MA Coordinated Care Plan that was specifically designed to provide targeted care to individuals with special needs, including residents living in a long term care community. A special needs plan is a Medicare Advantage Plan but with additional requirements and unique benefits. See how this plan helps your residents and your team meet quality measure goals.
Sponsored by American Health Advantage of Tennessee (1 hour NAB credit applied for)
Audience: Nursing Home Owners, Corporate Staff and Administrators

Palliative Care: Patients, Providers & Policies
Palliative care is specialized care for people facing serious illness and is appropriate throughout the illness trajectory. It aims to maximize quality of life by addressing physical, psychological and spiritual needs. This session will provide an overview of palliative care and highlight the benefits to stakeholders. Sponsored by Tennessee Commission on Aging and Disability (1 hour NAB credit applied for)
Audience: Nursing Home Administrators, Directors of Nursing, Nursing Staff and Social Services

THURSDAY, AUGUST 1

8 – 10:30 A.M.
Keynote Session
See description on page 3 – plus THCA Awards of Excellence and Caregiver of the Year recognition. (2.5 hours NAB, CDM, CDR and NCCAP credit applied for)
Audience: All Nursing Home and Assisted Living Staff

10:30 – 11:30 A.M.
Fire & Life Safety Inspections: Be Deficiency Free!
This session will discuss a facility’s fire safety systems and the state and local codes that apply to maintenance. Not being familiar with this information could cause costly repairs and is a huge risk in case of an emergency. Sponsored by Fire & Life Safety America (1 hour non-administrator credit)
Audience: Nursing Home Environment and Maintenance Staff

2:45 - 4:45 P.M.
The Art and Science of Fall Prevention
Falls are the leading cause of unintentional injury in older adults. In this lecture, the different causes of falls will be discussed along with how to minimize their occurrence in your facility. Sponsored by Tennessee Therapy Outsource, LLC and Premier PT and Wellness (2 hours NAB credit applied for)
Audience: Nursing Home Administrators, Nursing Staff and Therapy

4 – 5 P.M.
Palliative Care: Patients, Providers & Policies
Palliative care is specialized care for people facing serious illness and is appropriate throughout the illness trajectory. It aims to maximize quality of life by addressing physical, psychological and spiritual needs. This session will provide an overview of palliative care and highlight the benefits to stakeholders. Sponsored by Tennessee Commission on Aging and Disability (1 hour NAB credit applied for)
Audience: Nursing Home Administrators, Directors of Nursing, Nursing Staff and Social Services

Make Your Own Music
Mozart 2019 THEATRICAL CONVENTION & TRADE SHOW

Keynote Session
See description on page 3 – plus THCA Awards of Excellence and Caregiver of the Year recognition. (2.5 hours NAB, CDM, CDR and NCCAP credit applied for)
Audience: All Nursing Home and Assisted Living Staff

Deficiency Free!
This session will discuss a facility’s fire safety systems and the state and local codes that apply to maintenance. Not being familiar with this information could cause costly repairs and is a huge risk in case of an emergency. Sponsored by Fire & Life Safety America (1 hour non-administrator credit)
Audience: Nursing Home Environment and Maintenance Staff
EDUCATION SESSIONS

Identifying Disordered Eating in the Elderly
Eating disorder sufferers are commonly stereotyped as being young Caucasian females, but that is not necessarily true. Eating disorders in elderly individuals often go unnoticed and are growing at an alarming rate. This session will provide an understanding of the types of disordered eating commonly seen in the elderly population and how to establish a care plan for intervention. (1 hour CDM and CDR credit applied for) Audience: Nursing Home Dietitians

10:30 A.M. - NOON
Skilled Touch Will Connect, Calm and Comfort
Skilled Touch is an evidence-informed, proactive approach that helps prevent behavioral expressions in people with dementia while reducing job stress in caregivers. In this session, attendees will learn why skilled touch strengthens caregiver-resident relationships. Several case examples of its use in senior care communities will be presented. Sponsored by AGE-u-cate (1.5 hours NCCAP credit)

10:30 A.M. - 12:30 P.M.
Services and Nursing Staff
Audience: Nursing Home Activities, Social Services and Nursing Staff

11:30 A.M. - 12:30 P.M.
Combating Malnutrition in the Elderly
Laboratory values can reveal a lot about a resident. Learn how to identify the nutrition-related lab and understand what they tell about an individual’s nutritional status. Sponsored by McKesson Medical-Surgical (1 hour CDM and CDR credit applied for) Audience: Nursing Home Dietary Staff

12:30 – 2 P.M.
Lunch on your own

12:30 – 2 P.M.
THCA House of Delegates meeting
Open to Nursing Home and Assisted Living Activities, Social Services and Nursing Staff

12:45 – 1:45 P.M.
Affiliate group annual meetings and lunch
Activity Directors of Tennessee, Dietary Supervisors Association, Directors of Nursing Association and Environmental Supervisors Association (affiliate organization members only)

2 – 3 P.M.
Downstream Effects of Federal Policies on Skilled Nursing Financing
Access to capital is more important than ever as skilled nursing organizations are scrambling to build scale, vertically integrate and invest to remain competitive. Attendees will learn about the latest legislative and regulatory issues that impact financial performance. Sponsored by BOK Financial (1 hour NAB credit applied for) Audience: Nursing Home Owners, Corporate Staff and Administrators

2 – 5 P.M.
Understanding PDPM and Preparing for a Successful Transition
This 3-hour event will review fundamentals of the Patient Driven Payment Model (PDPM) for SNF Part A reimbursement. The emphasis of this session will be understanding the payment model and the impact on interdisciplinary team operations. Sponsored by Assured Bio Labs, Encore Rehabilitation and Guardian Pharmacy (3 hours NAB credit applied for) Audience: Nursing Home Administrators, Directors of Nursing, Nursing Staff, MDS Staff, Quality Assurance, Medical Records and Therapy Staff

Disabled to Reading in the Elderly
Phase 3 Requirements: Competencies for Social Services
With Phase 3, surveyors are focusing on staff competencies, training and skill sets. What does this mean for social workers or social work designee? This session will address the care areas and service delivery necessary to meet this requirement in the social services department. Sponsored by BlueCare Tennessee (2 hours non-administrator credit) Audience: Nursing Home Social Services Staff

2 – 3:15 P.M.
Making Pain Management Less Painful
The opioid crisis – a phrase that incites a great deal of concern in our society. The unintended consequence is that extreme measures of prevention can create a roadblock to treating legitimate pain. This session will present treatment modalities for pain (including some non-pharmacological ones) and help attendees navigate the regulatory changes surrounding pain management. Sponsored by PCA Pharmacy (1.25 hours NAB credit applied for) Audience: Nursing Home Administrators, Directors of Nursing and Nursing Staff

2 – 3:15 P.M.
Can My SNF Be Involved?
What is a Closed POD Site and How Can My SNF Be Involved?
A closed Point of Dispensing (POD) plan occurs when a public health incident requires that medication be dispensed to the public. Representatives from a closed POD pick up medication at the dispensing site and bring it back to their facilities to dispense to patients, employees and families. Closed POD agreements are in all counties in Tennessee through the public health department. Attendees at this session will find out how their facility can participate. Sponsored by TEMA (1 hour NAB credit applied for) Audience: Nursing Home Owners, Administrators, Directors of Nursing and Environment/Maintenance Staff

Phase 3 of the CMS Requirements of Participation promises to place much more focus on the Comprehensive Care Plan. In fact, care plans are currently the #1 most-cited deficiency nationwide. Surveys are telling us that resident care plans are too lengthy, not realistic, and basically not “doable.” Many facilities receive citations for improper documentation or not following their own plans of care. With the implementation of PDPM, what we place on the care plan and document in support of that care plan becomes increasingly important for payment. The presenter will explain an easier process to develop an individualized, person-centered plan that involves the ENTIRE facility team. Also included will be common sense suggestions on how to document that is both supportive of the plan and reflective of actual delivery of services and care. (3 hours NAB, 1 hour NAB, NCCAP and NAB credit applied for) Audience: Nursing Home Owners, Corporate Staff and Administrators
3:30 – 5:00 P.M.  Designing a PDPM Quality Reporting Management Process
This presentation will strengthen the attendees’ ability to integrate the quality reporting world with the PDPM world. Attendees will learn how value-based principles define the PDPM as a payment system and how to work together to manage this operational system effectively. Sponsored by Broad River Rehab (1.5 hours NAB credit applied for)  
Audience: Nursing Home Administrators, Corporate Staff, Directors of Nursing, Nursing Staff, MDS Staff and Social Services

3:45 – 4:45 P.M.  Demystifying Pressure Ulcers/Injuries According to Regulations
This session will provide updates for the skin integrity regulations of F684, F686 and F687. Section M of the MDS has more mistakes than any other section and this program will include detailed descriptions and explanations for correct staging. Sponsored by American Medical Technologies (1 hour non-administrator credit)  
Audience: Nursing Home Directors of Nursing, MDS and Nursing Staff

5 – 6:30 P.M.  Trade Show Reception
Food, entertainment, silent auction and raffle to benefit the Tennessee Health Care Education Foundation. Open to all

FRIDAY, AUGUST 2
9:30 – 11:30 A.M.  Trade Show open to all
11:45 A.M. – 12:30 P.M.  Buffet lunch for attendees
12:45 – 2:30 P.M.  Closing Session
See description on page 3. Plus convention prizes (1.75 hours NAB, CDM, CDR and NCCAP credit applied for)  
Audience: All Nursing Home and Assisted Living Staff