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Updated 'Guide to Long-term Care in Tennessee' available online

NASHVILLE, Tenn. – A comprehensive guide to long-term care, including information on how to select a long-term care facility, is now available as a free download from the Tennessee Health Care Association/Tennessee Center for Assisted Living (THCA/TNCAL) at www.thca.org.

The redesigned “Guide to Long-term Care in Tennessee” is a 60-page electronic publication that explains the services and types of care available not only in nursing homes but in each of the other care settings that make up the continuum of long-term care. Also covered are payment options, information on Medicare and Medicaid, a glossary of long-term care terms and a guide for families to assist their loved ones in making the transition to nursing home life.

Available in a reader-friendly PDF format, the new version of the guide provides access to the most up-to-date information on the changing world of long-term care, including Tennessee’s new CHOICES in Long-term Care program and expanded entries on assisted care living facilities and other long-term care options.

“We are pleased to offer this publication to the community,” THCA/TNCAL Executive Director Jesse Samples said. “The decision to place a loved one in a nursing home can be a difficult one. This publication is designed to answer questions families may have and ease their concerns. Families need to understand what their options are when considering long-term care placement for an elderly or disabled loved one.”

To download a copy of the “Guide to Long-term Care in Tennessee,” visit www.thca.org. Those without Internet access who would like a copy of the guide may call (615) 834-6520 to request a free copy.

The “Guide to Long-term Care” is a public service of THCA/TNCAL, a nonprofit organization whose members include long-term care facilities across the state.

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